

Grocery List

<p>Ready to Eat – Lunch Foods</p> <p>___ Fruit Roll-ups (4 boxes)</p> <p>___ Fruit Snacks (2 boxes)</p> <p>___ Gold Fish crackers</p> <p>___ Town house crackers</p> <p>___ Club Crackers</p> <p>___ Graham crackers</p> <p>___ Peanuts (4 jars)</p> <p>___ Raw Sunflower seeds (2 pkg)</p> <p>___ Corn Chips</p> <p>___ Tortilla Chips</p> <p>___ Caprisun Wild Cherry (4 boxes)</p> <p>___ Apple Juice –for lunches (4)</p> <p>___ Apple Juice – ½ gal (6)</p> <p>___ Cherry Juice – ½ gal (6)</p> <p>___ Pineapple Juice – (2- 6 pack)</p>	<p>Dairy/Deli</p> <p>___ Block Colby cheese</p> <p>___ Block sharp cheddar cheese</p> <p>___ Block mozzarella cheese</p> <p>___ Sliced Mozzarella (24)</p> <p>___ Sliced sandwich cheese</p> <p>___ Sliced swiss cheese (16)</p> <p>___ Cream Cheese (5 – 8 oz)</p> <p>___ Sour cream</p> <p>___ Parmesan cheese (3 large and 3 small)</p> <p>___ Romano cheese (3)</p> <p>___ Velveeta cheese</p> <p>___ Butter (1 lb box)</p> <p>___ Butter spread</p> <p>___ Yogurt</p> <p>___ Eggs</p> <p>___ Canadian bacon (3 meals)</p> <p>___ Pepperoni (3 meals)</p>	<p>Dry Foods</p> <p>___ Pastaroni</p> <p>___ Mac and Cheese</p> <p>___ Stove Top Stuffing</p> <p>___ Rice-a-Roni</p> <p>___ Ovaltine (2)</p> <p>___ Hot Chocolate Mix (2)</p> <p>___ Pancake Syrup (2)</p> <p>___ Pure Maple Syrup (2)</p> <p>___ Molasses (2)</p> <p>___ Angel Hair Pasta (12)</p> <p>___ Egg Noodles (3)</p> <p>___ Penne Pasta (2)</p> <p>___ Chow Mein Noodles (3)</p> <p>___ Breakfast Cereal (Life, Wheaties, Honey Nut Cheerios, wheat chex, rice chex)</p> <p>___ Peanut Butter (10 lb)</p>	<p>Condiments</p> <p>___ Worcestershire Sauce (2)</p> <p>___ Brown sauce for gravy</p> <p>___ Ketchup (12)</p> <p>___ Mustard (2)</p> <p>___ Barbeque sauce (2)</p> <p>___ Mayonnaise (2 quarts)</p> <p>___ Salad Dressing (4 quarts)</p> <p>___ Pickles (3 pints)</p> <p>___ Olives</p> <p>___ White Vinegar (1 gal)</p> <p>___ Apple Cider Vinegar (1 gal)</p> <p>___ Balsamic Vinegar (16 oz)</p> <p>___ Lemon juice (2)</p> <p>___ Lime juice (2)</p> <p>___ Italian Salad Dressing (3)</p> <p>___ Ranch Salad Dressing (3)</p>
<p>Paper Products/Personal Care</p> <p>___ Toilet paper (54 rolls)</p> <p>___ Aluminum foil (2 boxes)</p> <p>___ Wax Paper (2 boxes)</p> <p>___ Plastic wrap (2 boxes)</p> <p>___ Lunch bags</p> <p>___ Sandwich bags</p> <p>___ Snack size bags</p> <p>___ Quart freezer bags</p> <p>___ Gallon freezer bags</p> <p>___ Gallon bags</p> <p>___ Paper Towels</p> <p>___ Napkins</p> <p>___ Bleach</p> <p>___ Toilet Bowl Cleaner</p> <p>___ Deodorant</p> <p>___ Canning jar lids</p> <p>___ Food Saver bags</p>	<p>Frozen Foods</p> <p>___ Frozen Orange juice (4)</p> <p>___ Frozen Raspberry juice(2)</p> <p>___ Frozen Strawberry juice(2)</p> <p>___ Frozen strawberries (6)</p> <p>___ Frozen raspberries (6)</p> <p>___ Frozen blueberries (6)</p> <p>___ Frozen cherries (6)</p> <p>___ Frozen peas/carrots (7)</p> <p>___ Frozen green beans (3)</p> <p>___ chopped broccoli (8)</p> <p>___ Frozen corn (9)</p> <p>___ Vegetable medley (6)</p> <p>___ Stir Fry Vegetables (3)</p> <p>___ Quick meals (flautas, taquitos, pizza rolls, bagel bites)</p> <p>___ Ravioli/ Stuffed shells (3)</p> <p>___ Chicken cordon bleu 27</p>	<p>Canned Foods</p> <p>___ Spaghetti Sauce (12)</p> <p>___ Enchilada Sauce (6)</p> <p>___ Salsa (12)</p> <p>___ Diced green chilis (12)</p> <p>___ Spaghetios (12)</p> <p>___ Chicken Broth (8)</p> <p>___ Beef Broth (4)</p> <p>___ Vegetable Broth (4)</p> <p>___ Chicken Noodle Soup (12)</p> <p>___ Cream of Mushroom soup (12)</p> <p>___ Cream of Chicken soup (18)</p> <p>___ Tomato soup (12)</p> <p>___ Cream of Celery soup (2)</p> <p>___ Raman Noodle Soup</p> <p>___ Chicken Soup Base (6)</p> <p>___ Beef Soup Base (6)</p>	<p>Canned Fruits and Vegetables</p> <p>___ Tomato Sauce (48)</p> <p>___ Canned tomatoes (12)</p> <p>___ Stewed tomatoes (6)</p> <p>___ Pumpkin (6)</p> <p>___ Artichoke hearts (3)</p> <p>___ Green beans (12)</p> <p>___ Sweet potatoes (2)</p> <p>___ Corn (6)</p> <p>___ Pineapple tidbits (12)</p> <p>___ Applesauce (6)</p> <p>___ Grape Jelly (4)</p> <p>___ Fruit cups for lunches (20)</p> <p>___ Garbonzo beans (2)</p> <p>___ Kidney beans (4)</p> <p>___ Red beans (6)</p> <p>___ White beans (6)</p> <p>___ Pinto beans (6)</p> <p>___ Black beans (6)</p> <p>___ Refried beans (12)</p>
<p>Meats</p> <p>___ Roast Beef (20 lb for canning)</p> <p>___ Hamburger (15 lb)</p> <p>___ Hamburger for canning (10 lbs)</p> <p>___ Chow Mein Pork</p> <p>___ Bacon</p> <p>___ Turkey breast</p> <p>___ Ground Turkey (2 lb)</p> <p>___ Chicken Breasts (20)</p> <p>___ Chicken pieces (10 Meals – 2 cups each)</p> <p>___ 3 cups diced ham (3 lb)</p> <p>___ Sandwich Meats (1 ½ lbs each – divided into 3 packs)</p>	<p>Baking Needs</p> <p>___ Salt</p> <p>___ Baking Powder (3)</p> <p>___ Baking Soda (6)</p> <p>___ Baking Cocoa (3)</p> <p>___ Corn Starch (3)</p> <p>___ Dough Enhancer (6)</p> <p>___ Molasses (2)</p> <p>___ Chocolate chips (4)</p> <p>___ Bread crumbs</p> <p>___ Powdered Buttermilk (6)</p> <p>___ Canned Milk - 5 oz (12)</p> <p>___ Coconut Milk (4)</p> <p>___ Slivered almonds</p> <p>___ Almond Milk (8)</p> <p>___ Vanilla flavoring</p> <p>___ Almond flavoring</p>	<p>Oils/Spices</p> <p>___ Grapeseed Oil (4 pints)</p> <p>___ Canola Oil (4 quarts)</p> <p>___ Sunflower or Safflower Oil (4)</p> <p>___ Olive Oil (4 gallons)</p> <p>Spices</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Fresh Produce/Breads</p> <p>___ Flour Tortillas</p> <p>___ Egg Roll Skins</p> <p>___ Bread</p>

Grocery List – Bulk purchases (warehouse clubs, Honeyville grain, cannery)

<p>Breads/Meats</p> <p>___ White Bread ___ Wheat Bread ___ Bagels ___ Croissants</p> <p>___ Deli ham (3 meals) ___ Deli turkey (3 meals) ___ Deli Salami (3 meals) ___ Roast ___ Hamburger</p>	<p>Refrigerated foods</p> <p>___ Grated cheddar cheese (10 lb) ___ Grated mozzarella Cheese (10 lb) ___ Sliced Mozzarella (24) ___ Eggs ___ Butter (8 lb) ___ Sliced sandwich cheese ___ Bacon (4) ___ Frozen chicken breasts (15 lb) ___ Mango Salsa</p>	<p>Canned Foods</p> <p>___ Canned Chili (8) ___ Refried Beans (12) ___ Black Beans (8) ___ Canned corn (6) ___ Canned beans (8) ___ Canned chicken (25) ___ Canned turkey ___ Canned chicken broth (15 cans) ___ Peaches (24 quarts)</p>	<p>Paper Goods</p> <p>___ Toilet paper ___ Paper towels ___ Napkins ___ Ziploc baggies ___ Plastic utensils ___ Paper plates</p> <p>___ Computer ink</p>
<p>Produce</p> <p>___ Baking Potatoes ___ Golden Potatoes ___ Yellow Onions ___ Avocados ___ Tomatoes ___ Bananas ___ Apples ___ Oranges ___ Grapefruit ___ Lemons ___ Pineapple ___ Grapes ___ Pears</p>	<p>Dehydrated Foods/Snacks</p> <p>___ Pistachios ___ Almonds (whole) ___ Almonds (slivered) ___ Cashews ___ Pine Nuts ___ Dehydrated blueberries ___ Dehydrated cherries ___ Dehydrated mangoes ___ Craisins ___ Raisins ___ Dried plums</p>	<p>Dry Foods</p> <p>___ Peanut Butter (10 lb) ___ Jasmine Rice (50 lb) ___ Basmati Rice (50 lb) ___ Spaghetti ___ Egg Noodles (Home style) – 3 meals ___ Rainbow Rotinni (10 lb) ___ Elbow macaroni (20 lb) ___ Brown Sugar (20 lb) ___ Powdered Sugar (20 lb) ___ Sugar (180 lb) ___ Flour (150 lb) ___ Yeast (6) ___ Real Salt (50 lb) ___ Chocolate chips (4) ___ Chicken soup base (6) ___ Beef Soup base (6) ___ Pure Maple Syrup (2) ___ Instant potatoes (2 Boxes) ___ Rice pilaf mix (6) ___ Potato Soup Mix (2) ___ Instant Breakfast (6)</p>	<p>Health Food Store</p> <p>___ Quinoa ___ Red Quinoa ___ Amaranth ___ Spelt ___ Pro-Vita Mix ___ Alfalfa for sprouting ___ Barley for sprouting ___ Coconut oil ___ Safflower oil ___ Flax seed oil ___ Xylitol ___ Stevia (2) ___ Braggs Liquid Aminos ___ Powdered Vitamin C ___ Acidophilus ___ Real Salt ___ Flax Seed Meal ___ Pumpkin Seed ___ Sesame Seed ___ Chia Seed ___ Bulk Herbs</p>
<p>Honeyville Grain</p> <p>___ Wheat ___ Rolled Oats (25 lb) ___ Quick Oats (25 lb) ___ Multi-grain mix (20) ___ Popcorn (50 lb) ___ Cracked Wheat (50 lb) ___ Honey (50 lb) ___ Dry Beans</p>	<p>___ Sugar (180 lb) ___ Gluten (3 cans) ___ Dehydrated fruits _____ _____ ___ Dehydrated veges _____ _____ ___ Powdered Milk (150 lb)</p>	<p>Laundry/Household Cleaning</p> <p>___ Window Cleaner ___ Surface Cleaner ___ Tub and Tile Cleaner ___ Solvent cleaner ___ Disinfectant ___ Dishwasher Soap ___ Dish Soap ___ Multi-purpose cleaner ___ Hand liquid soap</p>	<p>___ Laundry Soap ___ Pre-Spot Remover ___ Fabric Softener ___ Color safe bleach ___ Band-aids</p>

